

# I Niu Silani, fai tonuhia a koe ka fakaaoga e koe e taha he tau faahi gahua malolo tino po ke faahi gahua ma e tau tagata ukiuki e tau alaga tino



HEALTH & DISABILITY COMMISSIONER  
TE TOIHĀU HAUORA, HAUĀTANGA



## Ko e tau tonuhia nei ko e:

1. Ko e tonuhia ke moua e fakalilifuaga.
2. Ko e tonuhia ke hakohako e tau puhala ki a koe.
3. Ko e tonuhia ke moua e lilifu mo e tu tokotaha.
4. Ko e tonuhia ke moua e levekiaga mitaki mo e lagomatai ne kua lata tonu ma haau.
5. Ko e tonuhia ke moua e fakatonuaga ke he tau mena ke maama mitaki i a koe.
6. Ko e tonuhia ke moua e fakatonuaga ke he tau mena oti ne manako a koe ke iloa hagao ke he haau a tau levekiaga mo e tau lagomatai ki a koe.
7. Ko e tonuhia ke fifili ki ai mo e foaki e fakaataaga hagao ke he haau a tau levekiaga mo e tau lagomatai ki a koe.
8. Ko e tonuhia ke maeke i a koe ke fai tagata lagomatai mo koe.
9. Ko e tonuhia ke fifili ki ai kaeke ke manako a koe ke fakalataha atu ke he tau fakaakoaga mo e tau kumikumiaga - po ke nakai fakalataha atu.
10. Ko e tonuhia ke fai hokotaki mo e fanogonogo fakamitaki atu ki ai.

Ke moua falu vala tala foki hagao ke he haau a tonuhia finatu ke he pokō kupega hila Health and Disability Commissioner – [hdc.org.nz](http://hdc.org.nz)



## Kaeke ke nakai fiafia a koe ha ko e tau levekiaga atu ki a koe, maeke i a koe ke:

Fakatutala ke he tagata ne nakai fiafia lahi a koe ki ai ne ke kua maeke i a ia ke vetevete e lekua.

Ole ke he taha mai he haau a magafaoa po ke kapitiga ke lagomatai a koe ke ta e hokotaki.

Ole ke moua e lagomatai mai he taha Health and Disability Advocate ka tauhea ke he numela **0800 55 50 50**.

Hea ke he numela **0800 11 22 33** ke ta e taha hokotaki ke he Health and Disability Commissioner po ke finatu ke he [hdc.org.nz](http://hdc.org.nz).

