

## Woman's rights breached for failure to exclude pregnancy before insertion of a Jadelle contraceptive device 21HDC02688

In a report released today Deputy Health and Disability Commissioner Rose Wall has found a Medical Centre GP registrar breached the Code of Health and Disability Services Consumers' Rights (the Code) for failing to reliably exclude pregnancy prior to insertion of a Jadelle contraceptive device.

The woman at the centre of the report, accessed contraception following the birth of her son three months prior. The woman's usual GP arranged for the woman to have a Jadelle device fitted by a GP registrar.

The woman later discovered she was 20 weeks pregnant. The ultrasound indicated that she would have been pregnant at the time the contraceptive device was fitted. The discovery led to significant personal distress and concerns about the potential impact of her pregnancy.

The woman told HDC she did not feel she could cope with another baby so soon, but the pregnancy was too far advanced for termination to be considered and she was concerned about the health of her unborn baby.

Ms Wall considered several scenarios regarding pregnancy testing prior to fitting the device. On balance, she concluded that the GP registrar had omitted to discuss the method of contraception used by the woman prior to the consultation and to establish clearly whether the woman could be pregnant and, accordingly, offer her a pregnancy test.

Ms Wall found the GP registrar breached the Code for failing to provide services with reasonable care and skill, in particular failing to reliably exclude pregnancy before the Jadelle insertion, either through a pregnancy test or established criteria.

In addition, the medical centre's documentation practices were found lacking, particularly in recording discussions about contraception and pregnancy risk. Since the event, the GP registrar has made significant changes to her practice, including additional training and development of a detailed template to ensure

thorough documentation and assessment. The medical centre has also taken steps to improve its practices and prevent similar issues in future.

Ms Wall said, "this case highlights the importance of thorough documentation and reliable exclusion of pregnancy in contraceptive consultations. We commend the GP registrar and the medical centre for their proactive steps to improve their practices."

In addition to the changes made, Ms Wall made further recommendations in her report.

4 November 2024

## Editor's notes

Please only use the photo provided with this media release. For any questions about the photo, please contact the communications team.

The full report of this case can be viewed on HDC's website - see HDC's '<u>Latest</u> Decisions'.

Names have been removed from the report to protect privacy of the individuals involved in this case.

The Commissioner will usually name group providers and public hospitals found in breach of the Code unless it would not be in the public interest or would unfairly compromise the privacy interests of an individual provider or a consumer. More information for the media, including HDC's naming policy and why we don't comment on complaints, can be found on our website <a href="https://example.com/here-to-separate-

HDC promotes and protects the rights of people using health and disability services as set out in the Code of Health and Disability Services Consumers' Rights (the Code).

In 2022/23 HDC made 592 quality improvement recommendations to individual complaints and we have a high compliance rate of around 96%.

Health and disability service users can now access an <u>animated video</u> to help them understand their health and disability service rights under the Code.

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